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## **Flight Physical Pre-Visit Checklist**

Before you present for your FAA flight physical medical exam...

1. It is now **MANDATORY** to complete your medical certification application (Form 8500-8) online by going to <https://medxpress.faa.gov> and following the instructions.

Be sure to bring in your **Confirmation Number** and a **Printed Copy of the 8500-8**

2. **If you have a Special Issuance letter or waiver**, please remember to bring it with you as required to do so by the FAA, along with any documentation outlined in your letter.

A fee will be charged for processing Special Authorization paperwork to the FAA:  
\$50 for physician review and forwarding; \$100 for a current status report or written narrative covering outside medical records.

3. **Be at your best.** Arrive well-rested, and avoid alcohol, caffeine, sodium, sugar, and large portions of carbohydrates eight hours prior to your exam.

4. **Medication.** If you routinely take a medication, know the brand or generic name and your dosage.

5. **Vision.** If you wear glasses, don't leave them at home! If you think you might need corrective lenses in order to pass the vision test, please make an appointment with your optometrist or ophthalmologist with enough advance time for your new prescription (if any) to come in. If you already wear contact lenses, you will not need to remove them for the vision test, although you may need them for the near vision portion.

6. **Blood Pressure.** We recommend testing your blood pressure tested prior to your exam. Readings above 155/95 may prevent you from being medically certified; ideally it should be below 150/90. Most blood pressure medications are approved for pilot use by the FAA.

7. **Recent Medical History** Know the name, address, and date of all your physician visits in the last three years. Note also that a record of DUI or substance abuse may prevent your certification. This information can be filled out ahead of time using MedXpress.

**Important note to parents:** if you accompany your child for their first student pilot exam, you cannot complete the application for him or her. The original copy goes to the FAA and must be in the applicant's own handwriting.

**Flight Physical Cost:** \$125. Additional testing may be required depending on the airman's medical conditions and the medical examiner's discretion. For example, an EKG is an additional \$25.

**Please note: Payment is expected at the time of the exam.** We accept cash, checks, and most major credit cards. We will not file with your insurance provider.

**You are required to present Photo Identification, pilots license, and previous medical certificate (if renewal exam) at the time of exam.**

**We require 24 hour advance notice to reschedule an exam. Exams cancelled without 24 hour advance notice will not be rescheduled and subject to a no-show fee.**

You do NOT need to bring in your Pilot Log Book.

The Airman Medical Exam is NOT a substitute for an annual preventive physical by your primary care physician.

Airman applicants must be at least 16 years of age and be able to read, speak, write, and understand the English language.

In the event that an applicant does not meet the medical criteria at the time of the exam, your applications could be deferred to the FAA for further evaluation. If this becomes necessary we will function as your advocate, however, additional services provided by the examiner (i.e. letters, medical research, chart analysis) will be billable at an hourly rate. Please note that this visit is considered an occupational screening exam and not a therapeutic physician visit or evaluation. Therefore tests requested under the requirements of the airman certificate are not covered under the scope of general medical services. Please understand that we are not treating you for medical conditions at this exam.

\*Federal Air Surgeons Announcement regarding MedxPress:

<http://www.faa.gov/library/reports/medical/fasmb/media/201201.pdf>

Dr. Christopher Highley is a designated FAA Aviation Medical Examiner and a Private Pilot. He performs Class 2 and Class 3 Flight Physicals at [Preferred Family Medicine](#), 10627 Professional Circle, Suite A, Reno, NV 89521. Call 775-204-0150 for an appointment. Email: [hello@nvpfm.com](mailto:hello@nvpfm.com)

